



SAVE THE DATE
SATURDAY March 26, 2011
9am-5pm

The 4th ANNUAL WOMEN'S CONFERENCE:

**"ENCOURAGING AND EQUIPPING FOR YOUR
SPIRITUAL JOURNEY!"**



Long Green Valley Church of the Brethren, Glen Arm, Maryland

Join us once again on March 26, 2011 to continue deepening your connection to the presence of God through the important practice of nurturing mental, spiritual, physical and relational wellness.

Planned Session and Speakers: Spiritual Dance, Spiritual Art, Exercise Physiology, Make and Take items, Spiritual Meditation, Stress Management, Nutrition, and Taize Worship.

We also have added an optional spa time, the last 2 hours. We will have many types of massage, therapies and pampering treatments available for you to try and be treated to!

If you would like to participate please contact Robin Burges at 410 409 4408 or e-mail: rburges08@gmail.com to obtain registration information!